



PH Hometown News

Volume 1, Issue 2

November/December 2000

PH POCs

- AFMOA
Col Deneice Van Hook 297-4280
Lt Col Fred Kelsey 297-4269
Maj Lisa Pegues 297-4216
MSgt Mark Mellinger 297-0187
- ACC
Col Robin Taylor 574-1268
SMSgt Theron Reed 574-1294
- AMC
Col (S) Rex Brennan 779-6336
CMSgt Jeff Strout 779-6336
- Space Command
Col Vicky Fogelman 692-6810
CMSgt Rich Johnson 834-1206
- AFMC
Col (S) Judith Holl 787-6728
SMSgt Steve Henry 785-2510 X323
- AETC
Col Diana Barnicott 487-6536
CMSgt Ricky Adair 523-7710
- USAFE
Lt Col Ken Hall 314-480-7670
SMSgt (S) Tom Bocek 314-480-2004
- PACAF
Lt Col Bill Courtney 315-449-1269
SMSgt Bill Hollowood
- AFSOC
Lt Col Richard "Joel" Williams 641-5625
Maj Raphael Sharron 641-5625
- Reserves
SMSgt Patricia Tooley 497-0600
- ANG
Lt Col Paul Rehme 278-7601
- USAFSAM
Col Tom Stedman 240-2269
CMSgt Rich Hollins 240-3766

Inside this issue:

| | |
|---------------------------|---|
| CONUS Corner | 2 |
| OCONUS Happenings | 2 |
| CFM Focus | 2 |
| MAJCOM Leader | 3 |
| USAFSAM Instructor | 3 |
| Base Focus | 3 |
| Mentorship! | 4 |

Introducing Chief Rich Johnson

A Big Hearty Congratulations go out to our very own Chief Master Sergeant select Richard Johnson. Rich wears many hats. He is the Superintendent for the Public Health Offices and Aerospace Medicine Squadrons for both Peterson AFB and the Air Force Academy. He has had a distinguished career which landed him at various assignments throughout the world. They include: Karamursel AB, Turkey; Lackland AFB, Texas; Rota Navel Station, Spain; Vandenburg AFB, California; RAF Fairford, England; McGuire AFB, New Jersey; Ramstein AB, Germany; and Peterson AFB/Air Force Academy, Colorado. He has been married to his lovely wife Imogene for 25 years, who

is in keen competition with Rich to see who can spoil their beautiful adopted two year old daughter Rikeah. Rich enjoys both watching and attending sporting events such as football and basketball. He is an avid jazz fan and really enjoys listening to his CD collection. He also collects Air Force Medical Unit patches. If you have any unique ones...feel free to



send him one. As many of you all are aware...Chiefs make up only one percent of the enlisted force. It is a truly special honor to be selected to pin on this rank. Rich has earned this honor. I have known him for many years and he deserves this great honor. Please join me in congratulating this fine Public Health Chief Master Sergeant and help him celebrate this exciting time in his career. He most likely will pin on his new rank on 1 Jan 01...what a new years present! We all look forward to his new years resolutions for Public Health...yes, we still expect great things from you Chief Johnson (you have to get used to that saying now!). We only get one Chief each year...it is time to mentor next years possible chiefs. Congratulations Chief Richard Johnson!

SKUNKWORKS...Send me your Best Practices!

Dateline USAFE: AIC Grant Prince and Ann Angela Cody displayed great initiative by working with local school nurses to conduct hand washing education classes...they educated nearly 1,000 children. SSgt Dante

Pawa and SSgt Keisa Jackson conducted a food safety campaign which included radio and television interviews on holiday food safety. The 52nd EMEDs UTC was deployed to Romania in July with Capt Attreya and MSgt Smithee con-

ducting the PH and BEE mission. Both were awarded the Air Force Achievement Medals for their superior performance! Way to go!!!

USAFE folks are top notch! Can't wait to hear more!



CONUS Corner

Some of the happenings that were brought to my attention during this period include:

Assignments:

An extremely excited SrA Monica Chambers to go to Rhein Mein in Jun 01. I know there are other assignments pending out there...but AFPC does not send me this info...I rely on info from the field to come to me to make this an interesting reading source for what is going on out there at base level. Sometimes we get stuck in our day to day jobs and we don't realize what else is going on out there! Send me the info if you are PCSing, separating

or retiring...I would like to share it with the rest of our PH family.

Dateline USAFSAM: TSgt Wes Walker was named the 3rd quarter 311th HSW NCO of the Quarter. SSgt Elizabeth Dahlquist was awarded a 3 day pass, an Air Force Achievement Medal and a monetary award for her contributions in helping USAFSAM win the 311th HSW Cycle Time Reduction Award. Major Mando Rosales pinned on Major, 1 December... Way to go Major Rosales, Wes and Liz!

MAJCOM SNCOs: Please send me any info you have so this area can be updated. Also base level folks can send me input on what's happening at their base (please route it through your MAJCOM first)...I would love to share who's moving, who is getting awards, and general happenings at base level...it is nice to share information so we can get to know each other better...Feed me the info...so I can keep this area going...and maybe it will grow into something useful for all. Please let me know what you think about this area...is it useful to you?

OCONUS Happenings

Some OCONUS news items: From Osan AB SrA Jessica Linnell received the Outstanding Performer Award from the PACAF ESOHCAMP Inspection Team... way to go SrA Linnell! She will also be leaving Osan AB and going PALACE CHASE to the Washington Air National Guard

Public Health in Jan 01. Sorry to see her leave...but it is the Washington ANG's gain! Good luck! 3rd quarter winners for the 52nd Medical Group included A1C Grant Prince in the airman category (the winner out of 108 competitors) and Mrs. Andrea Fritzen in the civilian non-supervisory

category (the winner out of 32 competitors). This is all the information sent to me during this period. If you know of other happenings OCONUS...feel free to let me know...I would love to include it...your feedback on this section is welcomed!

CFM Focus—Still need two coin designs...

I know there are many of you out there who are very creative and excellent graphics artists. Col Van Hook and I need to have coins designed that we can award Public Health folks for going way above and beyond their call to duty. We would like to have these designed and ready to go sometime in the

early part of 2001. So if you are a talented designer...we need your help! I can usually come up with some good ideas, but I can't draw or create good drawings of a coin design that would be fitting for this honor. The design should describe in some way the excellence in Public Health and show that we cover the

world. We need to leave a space for an engraved number on the back as they all be registered, numbered and shown on the web site at USAFSAM. I have not had any submissions on this project yet. If you are interested in helping, please let me know. Call me or e-mail me at DSN 779-6336 or jeffrey.strout@scott.af.mil.

Meet a MAJCOM Leader

This month we get to know Major Rafael Scharron from Air Force Special Operations Command at Hurlburt AFB, Florida. Major Scharron is the Chief of Public Health Element at Hurlburt AFB Clinic as well as the consultant for AFSOC. He is from San Juan, Puerto Rico and has been in this job for about 4 months. He has recently been selected as an International Health Specialist (awarded the Special Experience Identifier or SEI) for the Latin American region. His career has led him from Charleston AFB where he was both the Deputy Chief and later the Chief of PH from 1993 to 1996 and on to McGuire AFB where he was the

Flight Commander from 1996 to 1999. He was then selected to the AFSOC Fellowship in 1999-2000 at Hurlburt. He is a Veterinarian who has had several deployments and experiences that enhance his contributions to the AFSOC team. Granted, AFSOC is not a really large command...but it is an operational command with some very unique challenges for Public Health.

Major Scharron and his wife Lisa spend a tremendous amount of time taking care of their children four year old Erica, two year old Natalie and one year old Benjamin. Enjoy those kids while they are young...

they grow old too quickly.

Major Scharron is a fitness “junkie” and he really likes to lift weights, participate in aerobic exercise and follow a strict diet. He enjoys participating in base level intramural sports activities with a special fondness for tennis, softball and volleyball.

Major Scharron, by virtue of being at a MAJCOM is a member of the PH Corporate Board and brings a valued perspective to our PH leadership. It is a pleasure to get to know you a little better. Thanks for sharing a slice of your life with us!

Meet a USAFSAM Instructor

This month's highlighted instructor is Capt Cindy Thomas who is the Director of the Public Health Officer Course and is a subject matter expert in Occupational Health. She calls Little Rock, Arkansas her hometown. She enjoys time with her son (John Robert), walking, hiking, reading, watching movies, making stained glass pieces, and the fellowship of Bible study. She has

been at the school for almost 3 years now and she will be leaving to work at Wilford Hall Medical Center next month. Her previous Air Force assignment was Flight Commander at Holloman AFB from 1996 to 1997. She has worked as a clinical veterinarian and has worked for the USDA.

Her recent quote: “I feel blessed to work with people of the caliber of the folks I've been working with—Public Health is a great career field.” Thanks for doing such a great job Capt Thomas. Enjoy your family and WHMC.

“I feel blessed to work with people of the caliber of the folks I've been working with—Public Health is a great career field.”

Base Focus—Lakenheath

This month's focus is Lakenheath England! The fearless leader is Maj Linda Bonnel from Kansas City, Kansas and she enjoys time with her family. The Chief, Force Health Protection is Capt Craig Forcum from Johnston City IL and he enjoys biking, fishing, model trains and woodworking. Capt Javier Ruiz from Dorado, PR is the Chief of Disease and Injury Prevention Services and he enjoys antiquing and volleyball. The NCOIC is MSgt David Warner from Detroit, MI and he enjoys motorbikes and time with family. His assistant NCOIC is MSgt Pete Flynn from

Waterloo, NY and he enjoys parachuting, hunting and collecting antiques. Other key members include: TSgt Vipawan Miller from Phoenix, AZ who likes arts and crafts; SSgt James Smith from Fredericksburg, VA who likes golf, softball and computers; SSgt Candy Malley from Amarillo, TX who likes cooking, photography and camping; SSgt Jessica Elias a new arrival; SSgt Carey Allen from Sidney, ME who enjoys computers and skydiving; SrA Jennifer Tilstra from Dover-Foxcroft, ME who likes tennis, reading and archaeology; SrA Robin Williams from Philadelphia, PA who likes bowling,

horseback riding and exercising; SSgt Dawn Baker (newly assigned); SrA Christopher Joyner from Rocky Mount, NC who likes working out and basketball; A1C Adam Shantie from Malone, NY who likes TV, video games and sports; and finally A1C Rebecca Thornton from Lakemary, FL who enjoys time at Church, reading and music. Lakenheath seems like a great base with fantastic folks working real hard to complete a critical mission. My hat is off to you outstanding people in the trenches where the rubber meets the road! Thanks for sharing a small piece of your lives with the rest of us!



USAF PUBLIC HEALTH

WORLD-WIDE TELECONFERENCE...1
Feb 01 at 1500 hours Central Time
DSN: 576-0511

USAF Public Health

A Public Health Family Publication

***We are on the web...
[http://wwsam.brooks.
af.mil/eh/.](http://wwsam.brooks.af.mil/eh/)***

I will be trying to have monthly teleconferences that are open to anyone wanting to discuss issues concerning Public Health. However, these teleconferences are NOT for discussing assignments for those who want to move from one location to another because they are not happy where they are. If you want to have input with your CFM (and on occasion we will have Col Van Hook join us) to discuss what is happening in our career field...this is the golden opportunity to talk...the next teleconference is scheduled for 1 Feb 01 at 1500 Central time (1600 hours Eastern Time and 1300 hours Pacific Time). I realize this is difficult for those overseas to dial in...I will try to change the time from month to month to allow others to have their time...and say! The number is DSN 576-0511 and the number of folks dialing in may be limited...we will play it by ear and see how it goes...I will make adjustments as needed... thanks...Chief Strout

Mentorship...what it means to me...

This month I want to say a few words about mentorship. Mentorship means so many things to so many people. The Air Force even has guidance out on what it is and how to do it (AFPD 36-34 and AFI 36-3401). To me it means helping a person to grow both as a person and as a professional. It means to encourage them to do the things they need to do to reach their personal and professional goals. If a worker wishes to be a registered nurse someday...then we should encourage them to take steps each and every day to reach that goal. Yes, they must still meet the needs of our Public Health mission while they are achieving their nursing degree. But there are ways of making it a win-win situation. Supervisors

have the responsibility to help members set their goals and to help them understand what it takes to reach them...even if we refer them to those who have the answers when we don't. If your workers have the goal to get promoted...then we should offer daily encouragement (and sometimes a periodic push) to study. Some supervisors allow study time on duty...some even let their folks study in their office (with the door closed to allow for less interruptions) in exchange for occasional working off duty hours (doing evaluations etc). It is the supervisors job to ensure the workers have the training and tools necessary to get the job done as well as to help remove any barriers to mission completion.

Mentorship is not limited by rank, position or job. I have had mentors from a variety of career fields both officer, enlisted and civilian. I would expect each public health family member to seek out those around them and try to mentor them (help others to grow as a person and as a professional). These folks can be other PH personnel or people from other AFSCs. I encourage everyone to seek out someone who has traveled the road they wish to travel and to learn what they should do and should not do to meet their personal and professional goals. We all need mentorship from time to time...I am available to help anyone I can...please feel free to call or e-mail me if you have any questions about your goals...